



## TABLE LEADERS GUIDELINES

1. Table Leader to review the process they are going to lead and facilitate the men in:
  - Attitude Check In
  - Big Idea Questions and Discussion
2. Table Leader to affirm that this is a comfortable, safe place where we will honour and respect you and grow together as men
3. Table Leader will facilitate the **Attitude Check In** and lead the process by sharing first, modeling what to share:
  - What to share – Name, 1 or 2 Emotions, Praise Report
  - Rules of Engagement:
    - What is said here stays here. (Confidentiality=Safety)
    - No cross talk – only one person shares at a time. (Respect)
    - “I” statements – we share how we identify with what is shared – we don’t compare. (Encourage sharing from the heart not the head. Helps facilitate transparency through comfort that “I am no longer alone.”)
    - This is a Christian meeting so we share appropriately as Christians. (Language and biblical truth must be monitored and corrections done in love.)
    - We recognize a man for sharing by making eye contact and thanking him.
    - We honour men for stating they would like to pass on sharing.
4. Table Leader will facilitate the **Big Idea Discussion** and lead the process by sharing first, modeling a response to one of the questions unless another man is ready to share:
  - Review the Rules of Engagement as listed above
  - Have the men consider the Big Idea questions for a couple of minutes
  - Ask the men if someone is ready to share
  - If no men are ready to share the table leader is to share first
  - Ensure that time is available as best as possible so that each man has an opportunity to share.
  - Meeting leader will give you a 2 minute wrap up message