

## THE WEEKLY ONE-HOUR ACCOUNTABILITY CHECK-UP

Use these questions as a guide for your session. It is not necessary to ask every question, but be sure that you cover each area every week.

### QUESTIONS TO START

- ◆ How has God blessed you this week?  
What went right?
- ◆ What problem consumed your thoughts this week? What went wrong?

### SPIRITUAL LIFE

- ◆ **God's Word:** Have you read it consistently? (How many days? How long? Why not? Will you next week?) What has God been teaching you?
- ◆ **Prayer:** Describe your prayers – for yourself, others, praise, worship, confession, gratitude. How is your relationship with Christ evolving?
- ◆ **Temptation:** How were you tempted this week? How did you respond?

- ◆ **Confession:** Do you have any unconfused sin in your life?
- ◆ **Church:** Did you worship in church this week? Was your faith in Jesus strengthened? Was He honored?
- ◆ **Witness:** Have you shared your faith? In what ways? How can you improve?

### HOME LIFE

- ◆ **Wife:** How is it going with your wife? (time, meaningful conversation, Attitudes, intimacy, disappointments, irritations, her relationship with Christ)
- ◆ **Children:** How are your children? (giving encouragement, quantity and quality time, values, education, spiritual welfare)

- ◆ **Finances:** how are your finances doing? (debt, sharing, saving, spending, stewardship)
- ◆ **Time:** How have you invested your time around the house?

### WORK LIFE

- ◆ **Job:** How are things going (career progress, relationships, temptations, stress, problems, working too much?)

### CRITICAL CONCERNS

- ◆ **God's Will:** Do you feel you are in the center of God's will & sense His peace?
- ◆ **Thought Life:** What are you wrestling with in secret?
- ◆ **Service:** What have you done for someone else this week which can't be repaid? (the poor, encouragement, mercy, service to others)

- ◆ **Priorities:** Are your priorities in the right order?
- ◆ **Integrity:** Is your normal and ethical behavior as it should be?
- ◆ **High Risk:** How are you doing in your personal high-risk area?
- ◆ **Transparency:** Is the "visible" you and the "real" you consistent in our relationship? (if not, in what ways?)

### PRAYER

- ◆ Close with ten to fifteen minutes of prayer. Focus on concerns of the week.

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